

About the ACT Program

The ACT program stands for Assessment, Course and Treatment. After enrolling in ACT, the first step is the Assessment. That appointment is approximately one and a half hours long with a Licensed Addiction Counselor (LAC). A separate exit will then be scheduled. The exit is about 30 minutes long, at which time the LAC will review the assessment findings and recommendations. The recommendations may include the educational course (Prime For Life), treatment or both. At this point, you may accept or disagree with the recommendations. Regardless of your decision, the recommendations will be forwarded to your referring judge. If you disagree, you are entitled to seek a second opinion.

The educational course or PFL, consists of 12 hours of education. At Alternatives, these classes will be broken into three, four-hour sessions. They will be held the third week of each month, Monday-Wednesday 4pm—8pm, except when a holiday interferes. Participants will need to pay in advance of starting the classes. They must attend all three classes to successfully complete.

PLEASE NOTE:

Treatment is mandatory for any 2nd or subsequent offenders upon completion of the PFL program as mandated by Montana Law.

Also you have the right to:

- 1) Attend a state approved ACT program.
- 2) Attain, at your own expense, a second chemical dependency assessment if you disagreed with current recommendations.
- 3) To a hearing if you disagree with the recommendations.
- 4) To attend a treatment facility of your choice.

INFORMATION REGARDING A PROBATIONARY LICENSE

To get a probationary license, a first offender must have the approval of the court, be enrolled in ACT, have a valid Montana driver's license and pay a reinstatement fee to the **Records and Driver Control Bureau**, Dept. of Justice Motor Vehicle Division, P.O. Box 201430, Helena, Montana, 59620-1430. Phone number **(406) 444-3292**.

As of October 1, 1999, Montana law now imposes an interlock requirement on any second or subsequent DUI or BAC offender who seeks probationary driving privileges.

A new law was passed in 2009 (HB 536) - interpretation pending from Department of Justice and Montana Supreme Court. Applies only to 2nd/3rd DUI offenses committed on/after October 1, 2009.

Note: If the driver refused to blow into a breath testing device and/or provide a blood sample, no restricted probationary license is allowed.



Beta Alternatives
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PRIME For Life

Assessment Course and Treatment for DUI Offenders (ACT)



**BETA
ALTERNATIVES**

A PROGRAM OF ALTERNATIVES

Tel: 406-256-3501

P RIME For Life is a program designed to gently but powerfully challenge common beliefs and attitudes that directly contribute to high-risk alcohol and drug use. The program goals are to reduce the risk for health problems such as alcoholism and impairment problems, to include car accidents or fights. Emphasis is on knowing and understanding risks one cannot change and reducing risks one can change.

Using a persuasion-based approach, instructors use a variety of delivery methods, including interactive presentation and small group discussion. Participants use work books throughout the course to complete a number of individual and group activities. Material is presented using a DVD platform with animation, full-motion video clips, and audio clips to enhance the learning experience.

Several themes run throughout PRIME For Life. The first is an emphasis on the reality that while all of us can influence another person's drinking choices to some degree, none of us can directly control those choices. Therefore, the program is designed to maximize the influence of helping professionals, instructors and/or family members.

S econd, PRIME For Life is based on objective, documented research findings, not opinion, exaggerations or scare tactics. Credibility (of program and instructor/counselor) is a key factor in initiating and maintaining behavior change. Instructors are trained to master the program to maximize program impact.

Third, PRIME For Life focuses on information that is needed to bring about behavior change. In fact, a casual observer might conclude that the program places too little emphasis on process and that there is too much information for the typical participant to re-member. Participants are not expected to remember the details of the research cited. The content is only one of the tools used in the persuasion process. What participants will remember are the critical conclusions that come from hearing the information: Who can experience alcohol or drug problems? How do I estimate biological risk? How do I know what low risk is and how far have my alcohol and drug choices progressed? They remember the information they can use, even if some do not use it right away. The care-fully selected, research-based information also pro-vides the credibility needed to promote change.



Courtesy of:

<http://www.primeforlife.org/homepage.cfm?CFID=555464&CFTOKEN=37352272>

T HE ENROLLMENT PROCESS for the ACT class can be completed in just a few steps. Individuals who are convicted of Driving under the Influence (DUI), Misdemeanor Dangerous Drugs (MDD), or Underage Drinking and Driving (UDD or .02) are required by Montana Law to complete the ACT Program.

Beta Alternatives is a MT State approved ACT program. The cost of the program is \$375. A \$100 Deposit is due at Intake. The rest may be paid in full or you may pay \$150 at the time of your assessment and \$125 if required to complete the educational course.

Class Dates & Times: 3rd week of each month Monday, Tuesday, and Wednesday from 4pm – 8pm (Starting in March 2019)

Assessment Dates and Times: By Appointment Monday – Thursday

In order to enroll for the course you will need the following:

- A minimum of \$100.00 to enroll.

- Court referral or citation with a release of information for lawyer, public defender, or referral source.

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